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SOME BASIC FACTS



- **As teachers we have a picture of a bully**
- **Most Cyber Bullies are girls**
- **Many of them are the popular girls**
- **MANY parents become part of the problem rather than part of the solution**

SOME BASIC FACTS



- **As adults we tend to allow “girls to be girls”**
- **We tend to expect that they will be catty and cruel**
- **We see them isolate girls from their group and just let it go—This is a primary problem in child rearing– we are hurting the cyber bullies letting them get away with this.**

SOME BASIC FACTS



- **If you have a child who is being Cyber Bullied, they are significantly more likely to be victims of on line predators**
- **Why**
- **1) Low Self Esteem**
- **2) Isolation**
- **3) The predator's natural inclination to draw the child in, making them feel special—and then abusing them**

SOME BASIC FACTS



- **WHY DO CHILDREN CYBER BULLY**
- **1) They are under incredible stress by parents and teachers to excel**
- **2) They get a thrill from attacking another child—they will often brag about the abuse and the effect**
- **3) In many ways they are similar to sociopaths-lack empathy for others**

SOME BASIC FACTS



- **WHY DO CHILDREN CYBER BULLY**
- **1) The less sociopathic do not think before they act**
- **2) They have little or no common sense when they are in early teen years. They have little ability to reflect**
- **Example-Secret Service**

Cyber Bullying Presentation



- **Part 1 What is Cyber Bullying**
- **Part 2 What effect it has on your student**
- **Part 3 What you can do**

**Project Safe
Childhood**

Cyber Bullying Presentation



➤ Part 1 What is Cyber Bullying

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Cyber Bullying Defined



- **Cyber bullying is any cyber-communication between two minors that is sent in order to harass degrade, frighten, or embarrass**

Cyber Bullying Defined



- I am next going to give you a very abbreviated of some of the types of Cyber Bullying we are seeing

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Direct Attacks



➤ Text Messaging

- Sending hateful messages about person or third party
- Using an e-mail or IM name very similar to another persons so they appear to be sending the hateful e-mail
- Spoofing

Direct Attacks



- **Text Messaging**
- **Text Wars—a group ganging up on one person – sending constant hateful e-mails**

Direct Attacks



➤ **Stealing Passwords**

➤ **Locking child out of their account-
child is then defenseless to attack**

➤ **Sending inappropriate messages using
another persons e-mail account**

➤ **Changing all of your profile to say
inappropriate things**



Direct Attacks



- **Images / Snapchat**
- **Pornographic images**
- **Images of an actual student they know—locker room pics**
- **Video images of a student having sex**



SNAPCHAT



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Direct Attacks



- **Internet Polling**
- **Who is the biggest slut at school—Jane, Pam, Kim**

Cyber Bullying Presentation



- **Part 2 What to look for in a student who is being Cyber Bullied**

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THE EFFECTS OF CYBER BULLYING



Coping Mechanisms

A child verses and Adult

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THE EFFECTS OF CYBER BULLYING



- **Depression among children in middle and high school**
- **Students leaving a school because of abuse**
- **Self mutilation even in middle school**
- **Increased suicide rate among children**

THE EFFECTS OF CYBER BULLYING



- **Children are put under incredible stress.—anxiety rates**
- **Child cannot focus in school—grades drop**
- **Children get stomach disorders and other physical symptoms from extreme stress**

THE EFFECTS OF CYBER BULLYING



- Children turn to someone who understands them and what they are going through—the predator

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➤ Part 3 What You Can Do

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Cyber Bullying Presentation



- **Your Goal**
- **1) To prevent Students from becoming a cyber bully**
- **2) To tell you if Students are the victims of cyber bullying**

WHAT YOU CAN DO



- **Make your students know you are aware that this is a problem at schools**
- **Be specific about the different types of cyber bullying so they know when it is happening**

WHAT YOU CAN DO



- **MAKE YOUR STUDENT LEADERS ADVOCATES FOR THE VICTIM**
- **When they see one being Cyber Bullied they should come to the aid of the victim**
- **Meet with Student Counsel and other leaders tell them what to do for the victim**

DEALING WITH THE CYBER BULLY



- In groups force your students to put themselves in the place of the victim so they will empathize with the victim
- Unless you do this they will not understand the real effect

WHAT YOU CAN DO



- **Your Students are EXTREMELY smart and manipulative**
- **They will attempt to make you second guess yourself**
- **It was just a joke-your making a mountain out of a mole hill**

WHAT YOU CAN DO



- **YOU MUST TAKE INTENT OUT OF THE PICTURE**
- **Explain this is what Cyber Bullying is. PERIOD**
- **It does not matter that you say it was a joke-**
- **IF YOU SAY THESE THINGS YOU ARE A CYBER BULLY**

WHAT YOU CAN DO



- **YOU MUST CLEARLY EXPLAIN THE CONSEQUENCES**
- **If you are caught-THIS IS WHAT WILL HAPPEN –FIRST OFFENSE**
- **THIS IS WHAT WILL HAPPEN SECOND OFFENSE**

Cyber Bullying Presentation



- **IF YOU THINK THE KIDS ARE TOUGH TO DEAL WITH**
- **Parents are even tougher**
- **You must tell the parents either prior to school or at the first of school, just what you tell the kids**

Cyber Bullying Presentation



- **You must take INTENT out of the picture for the parents too**
- **Parents must know that if caught they will be punished-
be specific**
- **You have to accept that you will take heat for what you are doing**

Cyber Bullying Presentation



- **SCHOOL BOARD**
- **YOU MUST BACK YOUR PRINCIPALS**
- **IF YOU DO NOT-DON'T BOTHER EVEN HAVING THE POLICY IN PLACE**

Cyber Bullying Presentation



- **Your Second Goal-This should be the simple part but it is not**
- **4) To get Students to tell you if they are the victims of cyber bullying**

WHAT YOU CAN DO



- **Again let them know that you are aware that Cyber Bullying is going on in school**
- **Let them know you are a person they can go to if they are being Bullied.**

WHAT YOU CAN DO



- **Let them know that they can go to the counselor at school if they do not want to come to you.**
- **LET THEM KNOW THEY WILL NOT GET IN TROUBLE IF THEY COME TO YOU WITH THIS PROBLEM**

WHAT YOU CAN DO



➤ **The Problems**

- **1) The victim was in all likelihood also a cyberbully at some point and the current cyberbully has evidence of that**
- **2) The victim knows that if they tell on the bully everyone will know**

WHAT YOU CAN DO



➤ **Status**

- **The child's loss of status within her peer group is devastating**
- **When they bring an adult into the adolescent cyber world they are breaking the fundamental rule of their peer group and will likely lose status-and they know it**

WHAT YOU CAN DO



➤ **Solutions**

- **If your student victim wants to report but not be identified you have to allow that**
- **You can then look for independent evidence the Bully is a Bully**
- **If they bully one child they bully more than one**
- **Generally confront the bully**

WHAT YOU CAN DO



➤ **Solutions**

- **Instruct your teachers as to the signs of victimization**
- **Instruct your teachers and counselors to watch children every day, and look for signs of distress.**

WHAT YOU CAN DO



QUESTIONS

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